

## Retirement Rules of the Road

- 🍍 Know your visions, goals and dreams
- 🎽 Think with a lifetime time horizon
- Commit to a healthy lifestyle
- Keep a monthly spending plan and remove any unnecessary expenses
- Purchase big ticket household and family items before retiring
- Have an Emergency Fund equal to two years of your monthly expenses
- Be debt free
- Have a lifetime plan to emotionally endure the ups and downs of life, financial planning and investing
- Stay invested in your investment and retirement accounts
- Do not try to time the markets
- Implement a responsible withdrawal plan for consistent income from your investment and retirement accounts
- Do not take unplanned distributions from your investment and retirement accounts
- Reduce withdrawals from your investment and retirement accounts during periods of economic stress
- Minimize expenses without losing value in critical areas such as professional counsel and investment management

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